

Gum tissue grafts can improve your Smile!

Have you been told you need a gum graft? It may have come as an unpleasant surprise. Luckily, a gum graft is not nearly as intimidating as it sounds!

Gum recession is when your teeth become more exposed. The tissue moves further away from the edges of the tooth. It is a common problem that often goes unnoticed. It can be caused by hard tooth brushing, smoking, periodontal disease and in most cases, clenching and grinding is a factor. If you've noticed your teeth looking longer, increased sensitivity to cold, sweet or spicy food, you may benefit from a graft.



Since receding gums can make you look older, many patients opt for a graft to restore their youthful looking smile. Traditionally tissue grafts are sourced from the roof of the mouth, but can also be from donated tissue. Donated tissue grafts not only are safe and look fantastic, but also eliminate the healing of the roof of the mouth.

After the procedure, you should be able to return to work and normal activities immediately. The discomfort is usually minimal.

Treating gum recession early on can help prevent problems like tooth sensitivity, tooth loss or decay, and reduce your chances of contracting a more serious gum disease. Our experienced doctors at New Smiles are ready to help restore your beautiful smile...call 503-925-9595 for an appointment today.

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